

CONTENTS

PARTICULARS	PAGE NO.
Certificate	i
Declaration	ii
Dedication	iii
Acknowledgement	iv-v
List of Abbreviations	vi-ix
List of Tables	x-xi
List of Figures	xii-xv
List of Photo Plates	xvi
Chapter 1: INTRODUCTION	1-21
1.1. Introduction	1
I. Impaired Glucose Regulation IGT and IFG	2
II. Diabetes Mellitus	2
A. Epidemiology of Diabetes Mellitus	3
B. Types of Diabetes Mellitus	4
i. Type -I Diabetes Mellitus	5
a) Aetiology	5
b) Epidemiology	6
c) Symptoms	7
ii. Type-II Diabetes Mellitus	7
a) Aetiology	7
b) Epidemiology	8
c) Symptoms	8
iii. Hybrid Form of Diabetes	9
iv. Gestational Diabetes Mellitus	9
a) Aetiology	10
b) Epidemiology	10
c) Symptoms	11
C. Complications of Diabetes	11
i. Acute Complications	11
a) Diabetic Ketoacidosis	11

b) Hyperosmolar Hyperglycemic Ketotic Coma	12
c) Hypoglycemia	12
ii. Chronic Complications	13
iii. Diabetic Retinopathy	13
iv. Diabetic Cardiomyopathy	13
v. Neuropathy	13
vi. Nephropathy	14
vii. Alzheimer's Disease	14
D. Available Drugs	14
i. Biguanides	14
ii. Sulfonylureas	14
iii. Glinidines	15
iv. Dipeptidyl peptidase-IV inhibitors	15
v. α -Glucosidase inhibitors	15
vi. Sodium Glucose Transporters-2 Inhibitors	16
vii. Insulin Injection	16
E. Traditional Medicine System as Antidiabetic Agents	17
1.2. Significance of the Study	20
1.3. Aims and Objectives	21
Chapter 2: REVIEW OF LITERATURE	22-30
2.1. International	22
2.2. National	25
2.3. Regional	28
Chapter 3: MATERIALS AND METHODS	31-62
3.1. Description of the Study Site	31
3.2. Antidiabetic Ethnomedicinal Plants	32
I. Identification of Medicinal Plants	32
II. Data Analysis	32
A. Frequency of Citation	33
B. Relative frequency of Citation	33
C. Family Importance Value	33
3.3. Phytochemical Analysis	34
I. Collection of Plant Parts for Phytochemical Analysis	34
II. Preparation of Plant Extract	36

III. Qualitative Phytochemical Study	36
A. Test for Protein	37
B. Test for Carbohydrate	37
C. Test for Phenolic content	37
D. Test for Flavonoid Content	37
E. Test for Saponins	38
F. Test for Tannins	38
G. Test for Alkaloids	38
H. Test for Glycosides	38
IV. Quantitative Phytochemical Study	38
A. Protein Assay	38
B. Carbohydrate Assay	40
C. Total Phenolic Content	41
D. Total Flavonoid Content	42
V. Antioxidant Study	43
A. Total Antioxidant Capacity Assay	43
B. Ferric Reducing Antioxidant Power Assay	44
C. 2, 2, Diphenyl-Picryl Hydrazil Hydrate Assay	45
D. Lipid Peroxidation Inhibition Assay	46
E. 2, 2'-Azino Bis-3-ethylbenzo-Thiazolin-6-Sulfonate assay	47
VI. Elemental Analysis	48
VII. Gas Chromatography- Mass Spectrometry Analysis	48
3.4. Enzyme Inhibition Assays	49
I. α -Amylase Inhibition Assay	49
II. α - Glucosidase Inhibition Assay	50
3.5. Preparation of Different Solvent Extracts	51
3.6. Phytochemical and Antioxidant Study	52
3.7. Enzyme Inhibition Assays	52
I. α -amylase Inhibition Assay	52
II. α - glucosidase Inhibition Assay	52
3.8. Toxicity Study	52
I. Acute Oral Toxicity (AOT)	54
II. Sub-acute Toxicity	54
A. Biochemical Analysis	55

B. Hematological Analysis	55
C. Assessment of Cardiovascular Risk Index	55
3.9. Oral Glucose Tolerance Test (OGTT)	56
3.9.1. Assessment of hypoglycemic effect of plant extracts in normal rats	56
3.9.2. Assessment of hypoglycemic effect of plant extracts in diabetic rats	56
3.10. Study of antidiabetic effects of the best fraction on rat model	57
I. Histology	58
II. Biochemical Analysis	58
A. Liver Function Test	59
B. Antioxidant Marker Enzymes	59
i. Catalase	59
ii. Lipid Peroxidation Inhibition Assay (Malondialdehyde level assay)	60
iii. Glutathione-S-Transferase	61
III. Hematological Analysis	62
3.11. Statistical Analysis	62
Chapter 4: RESULTS	63-137
4.1. Survey, Identification, and Documentation of Medicinal Plants	63
4.2. Preparation of Alcoholic Crude Extract	76
4.3. Qualitative Phytochemical Study	76
4.4. Quantitative Phytochemical Study	81
4.5. Antioxidant Study	85
4.6. Elemental Analysis	91
4.7. GC-MS Analysis	93
4.8. Enzyme Inhibition Assays	110
4.9. Phytochemical Analysis of different solvent extracts	113
4.10. Antioxidant Assays of Different Solvent Extracts	114
4.11. Enzyme Inhibition Assays of Different Solvent Extracts	119
4.12. Toxicity Studies in In-vivo System	119
I. Acute and Sub-acute Oral Toxicity	119
4.13. Oral Glucose Tolerance Test	123
4.14. Study of Antihyperglycemic Effect of the Best Fraction of the Plant	125
I. Serum Glucose Level	125
II. Body Weight	126
III. Liver Function Test on Serum of Normal and Diabetic Rats	126

IV. Lipid Profile of Normal and Diabetic Rats	127
V. Kidney Profile of Normal and Diabetic Rats	129
VI. Antioxidant Marker Enzyme Test	131
A. Glutathione S-transferase	131
B. Catalase	132
C. Lipid Peroxidation Inhibition Assay	133
VII. Histological Study	135
Chapter 5: DISCUSSION	138-157
5.1. Antidiabetic Medicinal Plants	138
5.2. Phytochemical and Antioxidant Analysis	142
5.3. Elemental Analysis	145
5.4. GC-MS Analysis	145
5.5. Anti-Hyperglycemic Properties of Crude Extracts and the Best Fraction	148
5.6. Toxicity Studies in Rat Model	150
5.7. Biochemical and Histochemical analysis of antidiabetic effects of active fraction	152
Chapter 6: CONCLUSION	158-159
REFERENCES	160-196
ANNEXURE-I	197
ANNEXURE-II	200
ANNEXURE-III	201
ANNEXURE-IV	220