

Total No. of printed pages = 2

**63/2 (SEM-1) EDN 1'6 (OE)**

**2021**

**(held in 2022)**

**EDUCATION**

**(Theory Paper)**

**Paper Code : EDN-1'6 (OE)**

**(Mental Health and Education)**

**Full Marks – 50**

**Time – Two hours**

**The figures in the margin indicate full marks  
for the questions.**

**1. Answer the following questions : 2×5=10**

- (a) Specify the objectives of mental hygiene**
- (b) Define mental health**
- (c) Write the principles of mental hygiene**
- (d) Write the concept of psychotherapy**
- (e) Write the principles of a good mental health.**

**[Turn over**

2. Answer the following questions :  $5 \times 4 = 20$

- (a) Write the salient features of psycho analysis.
- (b) Discuss the term normality and abnormality.
- (c) Write the classification of abnormal behaviour.
- (d) Explain the aspects of positive mental health.

3. Answer any *two* of the following questions :

$10 \times 2 = 20$

- (a) Critically analyse the criteria for a mentally healthy person. 10
- (b) Explain the approaches of psychotherapy. 10
- (c) Discuss the different factors affecting mental health. 10